



# Rockhampton Fitzroy Rowing Club Inc.

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Inc No. IA35503

## NEWSLETTER - January 2012

Welcome to another year of great rowing!

### CONGRATULATIONS TO OUR 2011 CLUB MEDAL WINNERS!

Three awards were introduced in 2011 for our school rowers –



#### The President's Medal - Male and Female

For students considered to have made an outstanding contribution to rowing during the year – with areas of sportsmanship, leadership, responsibility and general performance considered.

#### The Most Improved Rower Medal

For the school rower considered to have made the most significant improvement in their rowing during the year.

#### 2011 medal awardees:

President's Medal	Mathew Bolck	Emmaus College
President's Medal	Amelia Bartlem	TCC
Most Improved	Teagan Romyn	RGGS

**Well done, Matthew, Amelia and Teagan – a great effort!**

These are ongoing awards, to be presented on an annual basis with winners names recorded on school shields.

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#### WELCOME TO OUR NEW PRESIDENT: Peter Priem

At the AGM in March 2011, club president Rob Lang indicated that he would be stepping down during the year. Rob, a dynamic and farsighted leader, has guided the club from its beginnings five years ago and plans to stay very involved in the club doings. Peter Priem accepted the committee's invitation to take over from Rob as club president in the latter half of 2011 and we look forward to working with both gentlemen in their new roles.

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#### THE BEST LAID PLANS: 2011 Head Of The Yarra Report

The women's eight trained consistently last year under the watchful eyes of coaches Rob and Ceinwen Fay, and set off with high hopes and a fair few nerves to compete in Melbourne's Head of the Yarra in November 2011. Sadly Melbourne's notorious weather stepped in with flash flooding causing an unprecedented cancellation of the first 118 races, including our rowers' event.

This huge disappointment does not diminish the great achievements of our masters women, who have a mixture of rowing experience from international competition level to rank beginners. Since forming in July 2010 they have worked with dedication to improve to a competitive level and are a great crew indeed.

**We believe this is the first women's eight to compete from Rockhampton.  
- well done, ladies and coach!**

**Thanks to sponsors Grant & Simpson Lawyers and CQ Physio, who helped with costs involved in getting our crew to the Yarra.**

**We wait with interest to see what our women achieve in 2012!**

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## MEMBERSHIPS FOR 2012

**All rowing memberships expire at the end of December each year.**

Please note that as insurance is linked to registration, members must not use club equipment or buildings etc unless they are financial members of the club AND have been registered on the Rowing Australia database, ROMS.

### How To Renew Membership

#### SCHOOL ROWERS

**TCC, Emmaus and RGGGS rowers** – your school rowing coordinator will arrange membership with you through your school.

**Other schools – Sign on day is Saturday February 11<sup>th</sup>, 2012**

Join us for a sausage sizzle at the sign-on day

From 7.30 – 9.30 at the rowing shed at the Ski Gardens, Harman St., Wandal.



#### NON-SCHOOL ROWERS

**Previous members, and new applicants with recent rowing experience:**

Email [rowing@rfr.org.au](mailto:rowing@rfr.org.au) or contact membership secretary Neil on 0428 113 295 for a membership form. Forms will also be available at the shed.

**Adult Learn to Row - Sign on day is Sunday February 26<sup>th</sup> 2011**

Places for the adult learn to row course are limited – please email [rowing@rfr.org.au](mailto:rowing@rfr.org.au)

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#### Do you know someone who 'Used to Row'?

If members know of any past rowers wanting to reconnect please pass on our welcome. Membership forms are available from the membership secretary Neil Hoy (email [rowing@rfr.org.au](mailto:rowing@rfr.org.au) or Mob 0428 113 295) and are also available Saturday mornings at the boat shed at the ski gardens, Harman St, Wandal.

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### Planned Shed Extensions to Increase Boat Storage Capacity 100%

Plans are underway to make more room in our very crowded boat shed!

- An additional bay is to be added to the existing shed, taking it from 16m to 20m in length; plus
- a full length, fully enclosed skillion annex to the southern side of the shed will be built.
- This will increase the current facilities from 16m X 9m to 20m X 15m.

The cost of the shed improvements will be around \$75,000; the club is awaiting approval of grant applications before going ahead with construction.

To ease congestion in the shed, 2 mobile boat gurneys are currently being constructed to accommodate 10 single sculls.

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## NEW BOATS AND EQUIPMENT

- With the increase in members we have seen in recent years we are planning to increase our boat fleet - replacing old and non-competitive boats with modern more competitive shells.
- A new replacement tinnie is being purchased a coaching/rescue vessel and outboard motors have been serviced, and are to be fitted with propeller protectors for increased safety.
- A complete set of racing bow numbers have been commissioned through Sargent Signs and will be available in time for our first regatta.
- The club's logo will soon adorn all our oars. This will afford the club distinctive oar recognition at regattas.
- Dan Healey, Graham Jarvis and their crew of willing helpers are renovating the Beowolf, a stern coxed wooden quad that has seen many a new rower take their first strokes.



### MERCHANDISE: Zoot Suits and Club Clothing

With input from our competitive rowers, the club is looking at a new design for their zoot suit. We are just awaiting final confirmation from Rowing Queensland Inc, for the new design.

All enquiries about **CLUB** Zoot Suit purchases to go to Kim Byrne ([rowing@rfr.org.au](mailto:rowing@rfr.org.au)).

### School Rowers - please see your coach about your school zootie.

School rowers who compete in school regattas will wear their **school colours**. If a school student wishes to row in a club regatta (ie a regatta for junior competitive or competitive adult rowers), then they will be required to wear a **club** zoot suit.

Club polo shirts [\$25] and baseball caps [\$15] are also available and may be purchased on most Saturday mornings at the shed or please enquire with through [rowing@rfr.org.au](mailto:rowing@rfr.org.au)

### CLUB CONTACTS

President:	Peter Priem	0429 317 310
Secretary:	Kate Wilson	0407 003 099
Coaching:	Ceinwen Fay	0466 360 357
Membership:	Neil Hoy	0428 113 295
<u>Rowing Coordinators</u>		
School:	Dan Healy	0417 704 557
Social:	Neil Hoy	0428 113 295
Adaptive:	Megan Brian	0439 551 757

# WHAT'S ON IN 2012?

## 2012 CALENDAR

A work in progress, but we have tried to add as many important dates as possible into the calendar.

## REGATTAS

The regattas included in our calendar are those that we think will be of most interest to our members. A full list of Queensland and National regattas can be found on the Rowing Queensland website <http://www.rowingqld.asn.au/regatta-list>

**SIX LOCAL REGATTAS ARE PLANNED FOR 2012**  
**Please Mark These In Your Diary Now -**  
**Member/Parent/Volunteer help will be needed at these regattas!**

We are excited to be co-hosting 6 local regattas with Rockhampton Grammar School this year:

### **19<sup>th</sup> May – Mini-regatta** (500m; no course in place)

- *For school rowers who have never rowed in a regatta; this regatta is also a great way for parents and volunteers interested in learning how they can be part of the running of a regatta.*

### **2<sup>nd</sup> June – Rockhampton Schools Regatta**

- *For school rowers, and part of the preparation for the CQ Schools Regatta*

### **23<sup>rd</sup>/24<sup>th</sup> June – CQ Schools Regatta (in conjunction with Rowing Queensland Inc)**

- *For school rowers, this two day event will attract clubs from Far North to South East. This is a major event for Rockhampton rowing.*

### **28/29<sup>th</sup> July – Rockhampton Masters & Schools**

- *In this 2 day regatta there are opportunities for all our competitive rowers, masters and school level alike - we hope also to have rowers from nearby towns visit.*

### **1<sup>st</sup>/2<sup>nd</sup> Sept – Rockhampton's Head of the Fitzroy Regatta**

- *For school rowers, this will be an exciting competition as students put all they have learned over the year into action, and part of the preparation for the Schools State Regatta being held in Bundaberg later in the month.*

### **October – Mini-regatta (500m, no course)**

- *Date to be set - again a wonderful opportunity for new school rowers to learn the ropes of a regatta without pressure.*

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## **Sunday 29<sup>th</sup> January : LANE 4 AQUATICS SPORTS & HEALTH EXPO**

Rockhampton Regional Council is hosting the **Lane 4 Aquatics Sports & Health Expo** at the Rockhampton Showgrounds on Sunday 29<sup>th</sup> from 9 am to 1.30 pm. Volunteers are required to set-up, man and assist with dismantling the display. Members manning the display will be required to wear club colours i.e. polo shirt and caps etc.

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## **Saturday 26<sup>th</sup> March: ANNUAL GENERAL MEETING**

Nominations will be invited prior to the AGM. Members who would like to join a great bunch of people intent promoting our club and its members - and having a very enjoyable time doing it - please make sure you let us know!